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# **Process**

Processing Complexity with Emotional, Sensorial and Spiritual capacities

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12 complex management case studies
20 SESS pilot training sessions

72 SESS workshops

winter schools

192 students

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## **Process**

Processing Complexity with Emotional, Sensorial and Spiritual capacities

> Erasmus + Knowledge Alliances project 01 January 2021 - 31 December 2023

**ProCESS Project** aims to develop an original and innovative methodology to deal with complex management cases by alternating sequences of mobilization of Sensory, Emotional, and Spiritual (SES) intelligences, in addition to rational capacities. In this process, students learn to better feel and sense complex situations (and not only understand) and dare to "step out of the box" to solve them.

During ProCESS implementation 12 complex management cases proposed by Sanofi, De KLAUSEN, Keskisuomalainen and Latvijas Pasts in four different countries are developed. These real-life cases are the core of the project.



The proposed complex management cases are analyzed and solved through the ProCESS methodology by groups of international students from the four participating Higher Education Institutions (HEIs). During the project implementation 192 students participate in three training rounds.

SESS workshops

Each training round starts with a meeting at the partner company head-quarters. Then 6 workshops (2 sensorial, 2 emotional, and 2 spiritual) are conducted (72 SESS workshops in total) by the SESS trainers, in the presence of both company and academic coaches. After each workshop, students advance their work on the case analysis. The students write a final report (action plan) which they present at the winter school (3 winter schools in total).

The partner HEIs organize a set of **20 pilot training sessions** for candidate SESS trainers. During these training rounds new experts are trained to implement the ProCESS methodology and putting them into a ProCESS teaching situation.

The session will end with a test where the candidate SESS trainers will be asked to facilitate a training session using either sensorial, emotional, or spiritual inputs or combining them. The training session will be evaluated and those who pass the test will be certified as SESS trainers.

Sensorial Emotional Spiritual Skills

complex management case studies

